

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Owen County

LCC Name: Owen County Drug-Free You and Me Council

LCC Contact: Cindy Rotman

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County Commissioners: Gary Burton, Bob Curry, Joel Lowe

Address: 60 S. Main St.

City: Spencer, IN

Zip Code: 47460

Vision Statement

What is your Local Coordinating Council's vision statement?

The Owen County Drug – Free You and Me Council strive to create a safe and nurturing environment for all of its citizens

Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of the Drug-Free You and Me Council of Owen County is:

- To actively involve community members interested in establishing and maintaining a county-wide council.
- Work to reduce the drug and alcohol problems in our county.
- To be a resource for schools, businesses, government, and our community; and
- To work to fund resource projects and programs to 'not for profit organizations.'
- Work to promote awareness of intervention and treatment options, as well as increase the number of addictions treatment efforts in the county.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Cindy Rotman	Hamilton Center	Caucasian	Female	Treatment
2	Beck Scott	Probation	Caucasian	Female	Justice
3	Kevin Housand	Probation	Caucasian	Male	Justice
4	Sherri Knieriem	YMCA	Causian	Female	Prevention
5	Aaron Lagrange	Spencer – Owen School	Caucasian	Male	Prevention
6	Daniel Rienhart	School officer	Caucasian	Male	Treatment
7	Johnnie Trenkemp	Middleway House	Caucasian	Female	Treatment
8	Bill Browne	School officer	Caucasian	Male	Prevention
9	Kathy Newman	4H Fishing	Caucasian	Female	Prevention
10	Maci Valdez	DMHA	Caucasian	Female	DMHA
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LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: Meetings are held the 2nd Thursday of the month in January, February, March, April, May, August and October

II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name Owen County
County Population 21,446
Schools in the community Spencer -Owen Community School Corp
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)
Service agencies/organizations

Local media outlets that reach the community WCLS Radio Go- Owen
What are the substances that are most problematic in your community? Meth, Opioids, alcohol, tobacco, vaping, and marijuana
List all substance use/misuse services/activities/programs presently taking place in the community Hamilton Center – counseling and group therapy, Matrix (intensive out-patient program) Centerstone – Counseling and group therapy

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
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¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

1.Intergenerational substance abuse within families	1.Hamilton Center 2.Centerstone 3.System of Care Coalition	1.Parental understanding of ramifications of substance use by youth 2.Availabiliy of organized afterschool programming and activieties 3.Limited understanding of the ramifications of parental substance abuse on family
2.Drug and alcohol use by youth not considered excessively harmful	1.School based prevention and awareness-oriented programming 2.Implementation of behavioral therapy programming 3. Hamilton Center/ Centerstone	1.Limited parental understanding of youth substance use 2.Limited community resolve or interest perception of approval 3.Limited therapy/suvstance use options in the schools
3.Limited prevention or treatment options located within the rural county	1.School based resource officers 2. Hamilton Center/ Centerstone 3. Crimianl Justice Program	1.Underfunding of either after or in school prevention / awareness programs 2.Limited family engagment 3.Linkage and communication with recovery services
Protective Factors	Resources/Assets	Limitations/Gaps
1.School based awareness programming	1.School based resource officers 2.Some afterschool programming 3. Hamilton Center and Centerstone offer services to youth and adults	1.Limited school based programming by service providers 2.Limited funding for programming 3.Lack of mentoring program
2.Engaged Law Enforcement and Justice Agencies	1.Crime Watch Community Program 2.SRO engagement with Owen Co schools 3.Enforcement of local laws	1.Limited Treatment options 2.Undertrained Law enforcement 3.Travel and Transportation issues
3. Positive Family and Community Connection	1.Faith Based Community 2.4- H Fishing Club	1.Limited adult oriented activities

	3. Upscale YMCA	2. Flexibility and availability of social support services 3. Adult awareness or transportation to education events
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III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Intergenerational substance abuse within families	1. Adults and youth in Owen co abuse numerous types of substances including, but not limited to, alcohol, meth, prescription drugs, marijuana and tobacco/vaping 2. Adults and youth underappreciate the ramifications of substance abuse 3. Poverty, transportation and accessibility contribute to substance abuse by youth
2. Drug and alcohol use by youth not considered excessively harmful	1. There is limited prevention training 2. Limited parental education on prevalence of drugs/alcohol and tobacco use in Owen co. 3.
3. Limited prevention or treatment options located within the rural county	1. Youth in Owen co need prevention education and treatment services related to substance use 2. Adults in Owen co need prevention education and treatment related to substance use 3. Criminal Justice Agencies need training and advanced technologies to aid them in their efforts to combat substance abuse

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. 1.Adults and youth in Owen co abuse numerous types of substances including, but not limited to, alcohol, meth, prescription drugs, marijuana and tobacco/vaping	<p>Youth grade 7-12 36% were given alcohol by parents 8.2% of youth admit to binge drinking in the last 2 weeks 22 % admit to taking prescription drugs not prescribed to them.</p> <p>Adults</p> <p>In 2013 there were 47 non-fatal opioid emergency's In 2017 the number went up to 86.</p> <p>In 2020 16% of adults admitted to excessive drinking</p>	<p>Indiana Youth Institute IYI.org</p> <p>Indiana indicators .org</p>
2. 1.There is limited prevention training	In Owen County there aren't any sustained prevention programs	Owen co probation Hamilton Center Purdue Extension
3. Criminal Justice Agencies need training and advanced technologies to aid them in their efforts to combat substance abuse	Drug arrest increased from 110 in 2019 to 184 in 2020.	Indiana State Police website

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. 1.Adults and youth in Owen co abuse numerous types of substances including, but not limited to, alcohol, meth, prescription drugs, marijuana and tobacco/vaping	1.Mental Health Facilities offer more services at the school 2. Additional recovery groups in the community 3.Mental Health Facilities help with mental health issues that lead to addiction
2. . 1.There is limited prevention training	1.Hooked on fishing not drugs 2.Hope Squad in schools 3.Participation in Drug Week
3. Criminal Justice Agencies need training and advanced technologies to aid them in their efforts to combat substance abuse	1.Additional Drug Tests purchased 2.Training for law enforcement and probation 3.Resources to assist probation in treatment and prevention

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1
Goal 1 Drug Free You and Me will support local programming for substance abuse treatment for youth and adults in order to increase overall amount of treatment provided by 2 % in one year.
Goal 2 Treatment programs supported by Drug Free You and Me will increase participation by 2% in one year.
Problem Statement #2
Goal 1. Community and school prevention/awareness based events will be supported by Drug Free You and Me council

Goal 2 The percentage of youth and adults participating in abuse/ prevention events will be tracked and data gathered to establish a baseline.
Problem Statement #3
Goal 1 Increase awareness of mental health as it relates to substance abuse.
Goal 2 Drug Free You and Me will assist Law enforcement to increase capacity, training and supplies to address the number of criminal offences related to substance use by 1 % with in one year.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 Drug Free You and Me will support local programming for substance abuse treatment for youth and adults in order to increase overall amount of treatment provided by 2 % in one year.	1. Justice – Support the participation of Justice and Law enforcement with DFYM meetings and activities 2. Treatment – Support participation by Treatment providers with DFYM meetings and activities 3. Prevention – Support increased awareness of treatment programming found within the community
Goal 2 Treatment programs supported by Drug Free You and Me will increase participation by 2% in one year.	1. Prevention – support programs in the community seeking to being prevention for adult and youth 2. Treatment – Support programs in the community seeking to address underlying causes of substance abuse 3. Justice – support Criminal Justice opportunities for treatment
Problem Statement #2	Steps

<p>Goal 1 Community and school prevention/awareness based events will be supported by Drug Free You and Me council</p>	<p>1.Prevention – Support and fund evidence based prevention programming</p> <p>2.Treatment – Support and fund programs that identify at risk youth and adults with other mental health risk factors</p> <p>3. Justice – Support and fund prevention programs that educate and address the ramifications of substance abuse</p>
<p>Goal 2 The percentage of youth and adults participating in abuse/ prevention events will be tracked and data gathered to establish a baseline.</p>	<p>1.Pervention -Encourage the local school corporations to administer Annual School Youth Survey.</p> <p>2.Treatment – Encourage local mental health providers to provide information and data on the need for substance abuse counseling and intervention</p> <p>3.Justice – Support law enforcement and justice programs that address access of illegal substance.</p>
<p>Problem Statement #3</p>	<p>Steps</p>
<p>Goal 1 Increase awareness of mental health as it relates to substance abuse.</p>	<p>1.Prevention – Offer community training events to organizations</p> <p>2.Treatment – Provide mental health counseling to those struggling with addiction</p> <p>3.Justice – Support Criminal Justice by programs for detainee’s with addition issues</p>
<p>Goal 2 Drug Free You and Me will assist Law enforcement to increase capacity, training and supplies to address the number of criminal offences related to substance use by 1 % with in one year.</p>	<p>1.Prevention – Increase participation with the DFYM with justice, prevention and treatment providers with the intent of supporting awareness activities relating to substace abuse</p> <p>2. Treatment -Support treatment providers that provid councling services</p>

	<p>for adults and youth with substance issues</p> <p>3. Justice – Support justice programs that specifically identify and address illegal youth and drug use.</p>
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IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile		
1	Amount deposited into the County DFC Fund from fees collected last year:	\$ 29,379.36
2	Amount of unused funds from last year that will roll over into this year:	\$0.00
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$ 29,379.36
4	Amount of funds granted last year:	\$26,182
Additional Funding Sources (if no money is received, please enter \$0.00)		
A	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
B	Centers for Disease Control and Prevention (CDC):	\$0.00
C	Bureau of Justice Administration (BJA):	\$0.00
D	Office of National Drug Control Policy (ONDCP):	\$0.00
E	Indiana State Department of Health (ISDH):	\$0.00
F	Indiana Department of Education (DOE):	\$0.00

G	Indiana Division of Mental Health and Addiction (DMHA):		\$0.00
H	Indiana Family and Social Services Administration (FSSA):		\$0.00
I	Local entities:		\$0.00
J	Other:		\$0.00
Categorical Funding Allocations			
Prevention/Education: \$9,000	Intervention/Treatment: \$9,000	Justice Services: \$9,000	
Funding allotted to Administrative costs:			
<i>Itemized list of what is being funded</i>			<i>Amount (\$100.00)</i>
Coordinator compensation			\$0.00
Office supplies			\$2,379.36
Funding Allocations by Goal per Problem Statement:			
Problem Statement #1	Problem Statement #2	Problem Statement #3	
Goal 1: \$4,500	Goal 1: \$4,500	Goal 1: \$4,500	
Goal 2: \$4,500	Goal 2: \$4,500	Goal 2: \$4,500	